



North Royalton Senior Center



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Senior Social 10 am - 2 pm</p> <p>Guest Speakers: 10 am Veteran's Administration and Veteran's Commission</p> <p>Birthday Monday at Noon</p>	<p>3</p> <p>Computer Class 10 am</p> <p>Benefit Bank By appt. 1-4 pm</p>	<p>4</p> <p>OFFICE CLOSED</p>  <p><i>Happy 4th of July</i></p>	<p>5</p> <p>Line Dancing (Beginners) 9:15 am (Intermediates) 10:15 am</p> <p>Chair Yoga 2:00 pm</p>	<p>6</p> <p>Senior Social 10 am - 2 pm</p>
<p>9</p> <p>Mayor Stefanik's Annual Picnic 11 am - 2 pm (Tickets Only)</p>	<p>10</p> <p>Computer Class 10 am</p> <p>Giant Eagle Shopping 10:00-11:30am</p>	<p>11</p> <p>UH Parma Medical Center Blood Pressure & Glucose Check 9:30 am - 10:30 am</p> <p>Low Impact Exercise 10 am - 11 am</p>	<p>12</p> <p>Line Dancing (Beginners) 9:15 am (Intermediates) 10:15 am</p> <p>Ask an Attorney By appt. 1 pm-3 pm</p> <p>Chair Yoga 2:00 pm</p>	<p>13</p> <p>Senior Social 10 am - 2 pm</p> <p>Bingo 11:00 am (Sponsored by The Pavilion)</p>
<p>16</p> <p>Senior Social 10 am - 2 pm</p> <p>"Hydration" 10:00 am Julie Wise UH Clinical Nutritionist</p>	<p>17</p> <p>Computer Class 10 am</p> <p>OSHIIP Counselors By appt. 9:00 am - 3:45 pm</p>	<p>18</p> <p>Low Impact Exercise 10 am - 11 am</p> <p>Free Lunch & a Movie 11:30 - 3pm (Sponsored Pleasant Lake Villa)</p> <p>Post Office on Wheels 3 - 3:20 pm</p>	<p>19</p> <p>Line Dancing (Beginners) 9:15 am (Intermediates) 10:15 am</p> <p>Benefit Bank By appt. 1-4 pm</p> <p>Chair Yoga 2:00 pm</p>	<p>20</p> <p>Senior Social 10 am - 2 pm</p>
<p>23</p> <p>Senior Social 10 am - 2 pm</p> <p>Bingo 11:00 am (Sponsored by The Diplomat)</p> <p>Mobile Library 11:00 am</p>	<p>24</p> <p>Computer Class 10 am</p> <p>Wal-Mart Shopping 10:00 am - 1:00 PM</p>	<p>25</p> <p>Low Impact Exercise 10 am - 11 am</p>	<p>26</p> <p>Line Dancing (Beginners) 9:15 am (Intermediates) 10:15 am</p> <p>Chair Yoga 2:00 pm</p>	<p>27</p> <p>Senior Social 10 am - 2 pm</p>
<p>30</p> <p>Senior Social 10 am - 2 pm</p>	<p>31</p>			

Call Senior Transportation Connection-STC to schedule ride 3 business days in advance, 216.265.1489.

**All activities subject to change without notice