



# NORTH ROYALTON SENIOR CENTER

## JULY 2017

### UPCOMING EVENTS

Monday	Tuesday	Wednesday	Thursday	Friday
3 Senior Social 10 am – 2 pm  Crafter's Club 10am	4 Happy 4 <sup>th</sup> of July  Office Closed for the Holiday	5 Blood Pressure & Glucose Check Up 9:30 am - 10:30 am  Low Impact Exercise 10 am - 11 am	6 Line Dancing 9:15 (Beginners) 10:15 (Intermediate)	7 Senior Social 10 am – 2 pm
10 Senior Social 10 am – 2 pm  Birthday Monday Celebration	11 Giant Eagle Shopping 9 – noon  Benefit Bank 1 - 4:00 pm	12  Low Impact Exercise 10 am - 11 am	13 Line Dancing 9:15 (Beginners) 10:15 (Intermediate)	14 Picnic with the Mayor Party 11 am - 2 pm <u>(Ticket Needed)</u>
17 Senior Social 10 am – 2 pm	18 Walmart Shopping Strongsville 9 am – 1 pm  NR Cares Program Kick-off Event The Three Spot 5 – 7:00 PM	19 Low Impact Exercise 10 am - 11 am  Lunch & a Movie 1 - 3:00 pm (Sponsored by Royaltown Woods)  Post Office on Wheels 3:00 – 3:20 pm	20 Line Dancing 9:15 (Beginners) 10:15 (Intermediate)  Benefit Bank 1 - 4:00 pm	21 Senior Social 10 am – 2 pm Speaker: 10 am "Osteoporosis Risk"
24 Senior Social 10 am – 2 pm  Mobile Library 11:30 am  NR Cares Applications Accepted	25 Marc's @ The Shoppes at Parma 9 - noon	26 Low Impact Exercise 10 am - 11 am	27 Line Dancing 9:15 (Beginners) 10:15 (Intermediates)	28 Senior Social 10 am – 2 pm
31 Senior Social 10 am – 2 pm				

7/4 - Happy 4<sup>th</sup> of July. Office closed.

7/5 - Ask an Attorney-Mr. Urban will not be on site this month. Call his office for an appointment 440.846.0000 xt.227

7/8 - Christmas in July at the local Drug Mart to benefit the NR Salvation Army. Come & see Santa Claus, purchase some Krispy Kreme donuts and get your car washed. Proceeds to benefit our local Salvation Army Service Unit.

7/11 - Giant Eagle Shopping. Call 3 days in advance to schedule. **Start calling Senior Transportation Connection for your transportation 216.265.1489 appts.**

7/11 & 7/20 - Benefit Bank 1-4:00 pm

7/14 - Picnic with the Mayor, 11 – 2 pm. Come in your best Hawaiian outfit. Event sponsored by Mayor Stefanik. Limited tickets remain. (Doors Open @ 11 AM)

7/18 - Walmart Strongsville Call 3 days in advance to schedule. **Call Senior Transportation Connection for your transportation appts. 216.265.1489.**

7/18 - NR Cares Kick-off event at the 3 Spot on 13855 Ridge Rd., 5:00-7:00pm. Donate school supplies & enjoy free appetizers

7/19 - Lunch and a Movie "Hidden Figures" Sponsored by Royaltown Woods

7/19 - Mobile Post Office 3:00 – 3:20 pm .

7/21 – Speaker- Rosemary Kundrat RN from UH Parma. Are you at risk for osteoporosis? Join us and find out.

7/25 - Marc's @The Shoppes at Parma. Call 3 days in advance to schedule. **Call Senior Transportation Connection for your transportation appts. 216.265.1489.**



**\*\* ACTIVITIES ARE SUBJECT TO CHANGE WITHOUT NOTICE.\*\***