

NORTH ROYALTON SENIOR CENTER



August 2010

Monday	Tuesday	Wednesday	Thursday	Friday
2 Senior Meeting 10—2 pm Crafter's Club 1—2 pm	3 Computer Classes resume On Sept 7 th Giant Eagle Grocery Shopping 9-noon	4 Low Impact, 10-11 Blood Pressure Check 1—2pm Senior Trip to Vermilion, Sign -in 8:30 am.	5 Line Dancing- 9:15(Beginners) 10:15(Intermediate) Shutterbugs camera group Resumes Sept. 2nd	6 Senior Meeting 10—2 pm
9 Senior Meeting 10—2 pm Birthday Monday Celebration	10 Parmatown Shopping 9---2 pm	11 Low Impact Exercise 10- 11	12 Line dancing 9:15 (Beginners) 10:15 Intermediates	13 Senior Meeting 10-2 Speaker on "Elder Fraud" 10—11 am
16 Senior Meeting 10-2	17	18 Low Impact Exercise 10-11 Post Office on Wheels 2:15—2:45 pm at the Deaconess-Perry Apartments	19 Line Dancing 9:15, (Beginners), 10:15(Intermediates)	20 Senior Meeting 10-2
23 Senior Meeting 10-2	24 Giant Eagle Grocery Shopping 9--noon	25 Low Impact Exercise 10-11	26 Line Dancing, 9:15(Beginners) 10:15(Intermediate) Senior Casino trip Sign-In 7:30 am	27 Senior Meeting 10-2
30 Senior Meeting 10-2 Mobile Library 11:30 am	31			

UPCOMING EVENTS

8/2 Crafter's Club-sign-up for the craft by calling office.

8/3 & 8/24 Giant Eagle Grocery Shopping
9 - Noon Call 2 days in advance

8/3 Computer classes for pre-registered participants. Call the office to register for classes.

8/4 Vermilion trip is sold out.

8/4 Blood Pressure check, 1-2 pm.

8/10 Parmatown Mall Shopping 9 - 2 PM Please schedule 5 days in advance

8/13 Speaker from State Attorney General's Office on Elder Fraud. 10—11 am.

8/26 Senior Casino Trip to Presque Isle Casino in Erie, Pa. Sign-in 7:30. Call Dolly at the office (440-582-6333) for tickets. Bonus \$ 25.00 and ticket price is \$ 29.00.

North Royalton Home Days—8/20—8/22. Parade at 3pm on Sunday.

Watch for us in the Parade!

Activities Subject to Change Without Notice